



Free advice on all things sex, love and disability

Conditions of using this service

What it is and what it isn't

By agreeing to use this free service, you understand that this is not a counselling session. You will have the opportunity to explain your situation, needs and feelings. Enhance the UK can help support you by signposting to services or practical aids which may help you. We can offer you our own personal lived experience and the knowledge we have accumulated by talking to many different disabled people, health specialists, and campaigners from our work at Enhance the UK.

We are bringing our own opinions, and this should not be confused as direct advice for you to act upon. Any action you take is your responsibility. This is an informal support service; it is your choice how you use the information we discuss. We cannot be responsible for any consequences of injury or harm for anything you decide to do after our session. Any liability claims will be rejected.

On occasion, and where possible, Enhance the UK may invite a professional who has knowledge of dealing with your situation to attend the session too. This advice doesn't replace any information you may receive from your own healthcare professional. It just provides a unique opportunity to have an informal, lengthy conversation with a specialist.

Our promise to you

At every session, we will have 2 members of the Enhance the UK team in attendance and, if possible, an extra professional/specialist. If we cannot have 2 people in attendance, we will rearrange the session.

Please let us know any access requirements you may have, and we will do our best to facilitate this for the meeting.

Confidentiality

Each session will be treated confidentially, and no information will be shared, unless you give us express permission to do so. We will conduct the session virtually but will ensure no one else is in the room able to hear; we will treat it with complete confidentiality and respect. All notes and information kept will be password protected and encrypted. We will not record the Zoom sessions.

There are some exceptions to confidentiality, as follows.

- If we believe yourself or others are at serious risk of harm, we may have to consult with your GP or relevant authorities. We will always aim to discuss this with you before taking any action and gain your cooperation.

- By law we may have to inform the appropriate authorities in cases of terrorist activities, drug trafficking, or abuse of a child or vulnerable adult.

- Discussing your situation within our Love Lounge panel and the team. If we want to contact people who are outside of the Enhance the Team, who we think may be helpful to you, we will always inform you of this and ask for your permission.

- If we need to discuss your situation further, we may contact you via email with a follow up or summary of our discussion. If you feel you need another call, we can arrange this again within our clinic schedule. If we feel the matter is urgent, we may be able to schedule in a session quicker. Unfortunately, due to a limit of our resources, we can only offer 2 sessions per person/couple.

Your commitment to us

Sessions will be 50 minutes long and we require you to be punctual at the start of the session. A link to the session will be emailed out to you.

Please try and give us at least 24 – 48 hours' notice if you can't make the session. We totally understand that things can crop up last minute though, so we will understand and rearrange your session.

You may talk about our sessions and share information with friends/family etc as much as you want. The confidentiality clause is our commitment to you, respecting the personal nature of the information you are sharing with us.

We look forward to meeting you!

Thanks,
Zoe and the Love Lounge Team



About us

'Undressing Disability' is a global campaign which aims to raise standards in sexual health and sexual awareness for disabled people. Issues around sexuality and sexual frustration are frequently raised by disabled people who feel that they have less opportunity and ability to explore their sexuality than others. Through a lack of understanding, education and a general lack of services, disabled people frequently cannot access the support that would make it possible for them to make the sorts of choices about their lifestyles that most of us take for granted. As part of our campaign we run the Love Lounge, an online forum providing free advice on all things sex, love and disability. We also have free downloadable resources. As a user-led charity, our aim is to change the way people view disability, which often involves removing the 'fear factor' that so often surrounds the subject. We support businesses to be more inclusive by providing disability awareness training, British Sign Language workshops and accessibility audits, amongst other things.

e: hello@enhancetheuk.org
w: www.enhancetheuk.org
#undressingdisability



**UNDRESSING
DISABILITY**

enhance the uk

CHANGING SOCIETY'S VIEWS ON DISABILITY